

REPORT OF EXPERIMENT WITH MDMA

Date: January 12, 1983

Place: Brandt residence, Lone Pine

Participants: Delta Amento, Benton Mcquiston, Peggy and Fred

Background: This is the last of the six experiments we planned with Benton. Benton and Delta came over the evening before, which gave us a chance to review many aspects of these experiments. From our discussion, and what he had learned the time previously, Benton felt free to share negative feelings should he experience them, and feel free of being judged.

8:10 A.M. All take 120 m.g. of MDMA on empty stomach.

8:42 A.M. Delta getting very deeply into it. We all respond very positively, and before long are feeling deep feelings of love. By 9:00 a.m., we are all deeply in it. Benton reports that it is the best experience ever for him. We are very close, feel much joy and exuberance, and are delighted to be together. We sing, have animated discussions, and appreciate the closeness and beauty.

9:25 A.M. Benton reports that he feels very normal, as though there is no drug effect. Yet he is enormously clear-headed. His appearance is very much alive, happy, and he expressed himself very clearly and very well. He is also quick to verbalize any negative feeling, as jealousy, feeling left out when the attention turns away from him, etc. It feels good and freeing for him to do this.

9:44 A.M. All take 40 m.g. supplement of MDMA. The experience continues beautifully. Benton and Delta spend a lot of time talking to each other, clarifying aspects of their growing relationship. It is a most valuable experience for them, providing an opportunity to clarify their feelings for each other, and fuel a deep love for each other. Benton was able to let in a great deal more love than he had previously. Peggy I also felt a very deep closeness, and the blessedness of this experience. It was outstanding in many ways.

We continued to share the beauty of the day, and the new, heightened sense of feeling and understanding that made it remarkable. Benton and Delta continued the clarification and development of their relationship. We enjoyed the outdoors, being blessed with an unusually warm, sunny day, and afterwards food and music. For me it was the best descent ever with MDMA (I usually feel foggy and tired). An inner strength continued to grow even after the chemical wore off, leaving me with that rich, filled feeling I am more accustomed to with other materials. We all felt that we had been considerably strengthened, and carried a new warmth and light with us. Music was beautiful and very stirring. At times Delta would develop some anxiety, afraid that we would desert her. That night she developed some tensions, and some fairly deep fears. This continued the next day, and the following evening, in Benton's company, she relived a lot of past fear and terror, remembering when her mother wanted to kill her, life in the orphanage, and beatings from her husband. Despite her difficult background, she is a remarkably loving person, and helped very much to bring us all into a loving state.

This was one of the very best experiences we have had with MDMA, and we all continued to glow with it during the following days.