

REPORT OF EXPERIMENT WITH MDMA

Date: December 18, 1982

Place: Brandt residence, Lone Pine

Participants: Benton Mcquiston, Delta Amento, another student of the Indian way and friend of Jacob, Peggy and Fred

8:01 a.m. All take 120 m.g. of MDMA. As we await the onset, Benton describes a very dramatic experience he had recently with marijuana, which he has shared occasionally with Delta. He took a hit, followed by two more 1/2 hour later, and went into a very intense experience involving ascending, crucifixion, and a birth experience. It lasted 3 to 4 hours, and involved a lot of laughter.

8:20 a.m. I am starting to feel; it is a good takeoff for me. Ten minutes later Peggy reports a first alert, fluttering in the stomach, and lightness. Delta reports the same. I am feeling it much stronger. Benton verbalizes a fear of disclosing himself.

8:47 a.m. We are all getting well into it. Delta is responding beautifully, feels much love, says yes, yes, yes. Peggy puts on a serape she purchased in Mexico. It has very bright colors, and we are all struck by it. Benton suggests I drop all of my projects and write a book anonymously to keep the ego out of it.

9:10 am. Delta feels very much in love, wishes to live every moment as it comes, in love. She feels this scares Benton. The experience grows in intensity and we are all intoxicated with love. It is beautiful, and everyone brightens up, is very alive, and looks beautiful. We feel very close.

9:29 a.m. Peggy and I take 40 m.g. supplement. Delta and Benton decide to wait. Delta takes the 40 mg. supplement 9 minutes later. It turns out that Benton is having some uncomfortable feelings, but doesn't wish to talk about them. Delta has been holding my hand, and finds that it feels very good to do so. She gets her guitar and sings with much joy. She finds it delightful to spontaneously pick her way, composing a song. She has a soft, gentle voice.

I discovered a very reprehensible part of myself in thinking about my cousin Nadine in Roswell, who was recently diagnosed as having terminal cancer of the lungs and liver. I found a reluctance to pray for her whole-heartedly because of her charismatic beliefs. It is clear that God accepts prayers in whatever form they come.

11:16 a.m. Benton takes 40 m.g. supplement. For the rest of us, the experience has continued very smoothly and enjoyably. It is apparent that Benton has been seriously pre-occupied from time to time. We listen to Mahler's First Symphony.

12:40 p.m. Benton reports that for the first time this morning he feels balanced, where the other experiences left us. He has had a lot of negative feelings this morning, feeling some distrust of me and uncomfortable because he could not control his feelings. From this point on, the experience was more enjoyable for him, and we had good communication the rest of the day. The remainder of the day went very pleasantly. We took a walk around, and returned later in the afternoon for a very enjoyable bowl of soup. We enjoyed the good feeling of each others company until early evening, when Benton and Delta left. Peggy and I found ourselves quite tired from the day, and retired early.