

REPORT OF EXPERIMENT WITH MDMA

Date: December 14, 1982

Place: Edson residence, Portola Valley

Participants: Keira and Hudson Edson, Peggy and Fred

8:23 a.m. All take 120 m.g. of MDMA on empty stomach.

8:47 a.m. Peggy reports first alert. In six more minutes, I am feeling strongly, Keira has a dry mouth.

9:02 a.m. Keira reports floating, I am quite intoxicated, Peggy well on the way. Hudson feels only a little. He feels some nauseousness; had it upon arising before we started. He feels he should get on his diet. (Hudson stopped smoking about 3 - 4 months ago, and stopped drinking brandy at night since his last visit to us in Lone Pine in late October, substituting wine. He has been putting on weight and his body pains have been getting worse.) Everyone is beginning to show the usual symptoms of softening skin, brightening up, melodic voices. Keira is more relaxed than ever.

9:19 a.m. Hudson still feels a little nausea and some pain. Hudson describes the dilemma he is in. He has programmed himself to sell the house and stop working. However, the house has not sold, and he has lost interest in work. He hates going to work, yet he must as long as the house isn't sold. He is afraid his lack of interest will be recognized and that he will be among the first to be laid off. We ask if it is possible for him to change his attitude about work. We all move into the wonderful, euphoric state characteristic of MDMA. I feel quite a bit of heaviness this time which I attribute to my concern for Hudson. I am very much afraid of losing the remarkable clarity I gained from the TE experiment.

9:53 a.m. We all take 40 m.g. supplement. We had originally planned to take an LSD supplement, but we were all in such a marvelous place that we wanted to continue it. In 12 minutes I feel the supplement come on. Keira feels some jaw clenching.

10:15 a.m. Keira reports that her sinuses are clear for the first time since their Lone Pine visit. We continue to enjoy the marvelous experience, with easy conversation and Hudson and I joking with each other.

10:39 a.m. We all take 1/2 tab of LSD. Hudson's pain is all gone except for a little in one of the worst places on his arm. I am still quite exhilarated from the supplement.

10:53 a.m. I begin to feel the LSD. In five more minutes, Peggy reports the LSD taking over. Hudson reports some eye darting. Everyone feels a smooth transition from the MDMA to the LSD. However, as the LSD takes hold we all get very quiet and more introspective. We enjoy simply sitting together and watching the fire, and afterwards some music. The rest of the day goes very quietly. I feel that my mind is considerably freed, and can look very clearly at things. Also, I speak very easily and clearly. I enjoy repartee with Hudson from time to time, as we kid ourselves about our problems and who has built the most effective wall to hide behind to screen out feelings. But most of the time, Hudson is pretty quiet. As the day goes on, I experience a deeper and deeper feeling of euphoria, and it feels better and better to just be together and not do anything. For me, this was entirely different than the TE experiment. It was much more introspective, and I found that this very strongly built up the feeling of Presence.