

REPORT OF EXPERIMENT WITH MDMA

Date: July 11, 1982

Place: Residence of Keira and Hudson Cheney, Portola Valley

Participants: Keira and Hudson, Peggy and Fred

10:05 A.M. All take 120 m.g. MDMA on empty stomach. We sit on bedroom deck under an oak tree. It is a beautiful day.

10:24 A.M. Peggy is feeling very good; so is Hudson; very smooth entry, working on freeing feelings of pain. Keira also making a very smooth entry, no trace of nausea that she has always experienced each time before. In another 5 minutes, most of Hudson's soreness is gone.

10:52. I have been slow taking off, but begin to feel intoxicated. Shortly we are all well in it, feeling glorious, experiencing the profound beauty, the closeness of each other. We all look relaxed and younger; Keira is very insightful.

11:44 A.M. All take 40 mg. supplement. We continue in the wonderful space we are in, thoroughly enjoying the space we are in. I bring up some personal problems which the group does not hesitate to help me with. The glow continues, and we all relax into a very peaceful, quiet afternoon. Keira has none of the neck tension she experienced last time. Hudson is very happy to be free of his pains. Everyone gets more quiet, enjoying the deep relaxation.

2:00 p.m. Has been a smooth, glorious experience for all. We walk around, enjoying the beautiful landscaping. We go back and rest peacefully on the deck. Our descent is very smooth. I feel the least body effects I have ever felt, and begin to feel energetic. I would have enjoyed taking a hike or a drive to the ocean, but everyone else prefers to relax quietly. Keira has become extremely quiet, and it appears that she badly needed a thorough rest. She feels her personal problems have been resolved, and there is nothing to work on, but just enjoy the peace.

3:17. Hudson's pains begin to come back. After a couple more hours, they seem worse than before, having enjoyed the freedom of no pain. He considers taking codeine. Peggy and I offer him a massage, which he not only enjoys very much, but the pains go away again, and stay away for the rest of the evening. We enjoy a light supper and a quiet, peaceful evening. We all feel much closer and grateful for the experience.