



DOM  
STP (from 212)

+++ 8.0mg AP≡ 7/9/82 4:05PM=[0:00] aware in [:30] - quiet development to + at [1:] [1:10] push ++, development seems to pick up speed. [1:30] +++ - a little physical, AP more. eyes closed, curly images, but not too lockable into music. [2:15] explosive org. - interact [with] music, thought, images, all [with] occasional pee breaks, to [7:] - still stoned. +++? some eating, much fluids - music catches off-beat fantasy, not directly knit, but occasionally even unenjoyable. no sleep (ATS) even to [12:] - paper like at + or even 1-1/2+. [16:] - < +, napping OK. [20:] - sleep easy, baseline. Overall +++! - a bit too much physical. Retreat to ~6mg for what may be our optimum balance. Looking forward to repeat.

+++ 7.0mg AP≡ 7/5/85 10:05AM=[0:00] - slight aware at [:30]; at [1:00] between + and ++, and climbing smoothly. Eyes-closed imagery to music at +++ at [2:00] - in and out of bed - talk - thorough intermixing on interests, actions, soup-making (AP some appetite - me very little, but extreme thirst). Little urine. At [12:] both back to ++ or less - [15:] AP sleeps. ATS very wired, still - write at IBM for an hour or so - some wine - then excellent sleep [16: to 22:] - awake in AM [with] good energy. Excellent +++.

+++ 7.0mg AP≡ 11/30/85 11:37AM=[0:00] aware [:30] - quietly develop [:40] to + at [1:00] to >+ [1:30] to +++ [1:45] - favorable, AP would heartily repeat. rest of notes lost.

+++ 10mg, AP≡ 6/27/86 4:15PM = [0:00] - awares at [:40] ATS to [:50] AP. [1:] to a ± at most. I can see how there could have been doubling up of doses in SF at [1:] for those used to LSD! [1:15] pushing ++ [1:30] to ++, by [2:] full +++, even more by [2:30]. Weird (talking) IRS- up to computer writing at [6: to 8:] - still ~+++ , very tactile, love food tastes, very much at peace [with] body, spirit. Good conceptualization - writing easy - AP & Egypt books. Music strange and appreciated. In & out of bed to [13:-14:] when surprisingly easy sleep. The Dawn! ATS up at [17:] slightly sleepy & under slept - an enjoyable rich state for me. Higher, later, certainly OK. +++