

*Pacific Graduate School of Psychology*

1691 El Camino Real Palo Alto California 94306

(415) 321-1895

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From Aaron Gates, PhD.

On 30, 1982, AG in conjunction with an experimental group of nine other adults, ingested 24 mg. of AL.

The onset was extremely gradual and graceful, with the first alert that one could really sense at about 50 minutes and afterward succeeded by a slow gentle to the peak and plateau of one hour and fifteen minutes.

The experience itself left all of the sensory modalities functional: speech was cogent and rather fluid-in fact, there was an unusual ease of free associations. All throughout the session, the talk was high in spirit and somehow indicative of an inner excitement.

Affect was entirely pleasant, but not exalting nor conducive of insight or of problem-solving. There were no requirements for withdrawal into the self. The material seemed wholly social in nature. No Visual, auditory or olfactory sharpening was in evidence.

The plateau for this material seemed unusually long. Although FB was able to drive the car home around nine hours after ingestion, Still the three of us in the car noticed how intoxicated we were still. AG was unable to sleep for several hours after arriving home and took 25 mg. of Librium before sleep arrived; next day was a lethargic and slow one, with the inner feeling that the effects had not worn off until the middle of the day after ingestion.

On a scale of one to four with one being the least intoxication and four being the most, the experience would rate around two at its peak.