

Melvine Vanwinder

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Since my experience on January 9, I have noticed no unusual physical symptoms, or anything out of the ordinary.

My physical, mental, and psychological well-being remains essentially the same as before. No great answers or insights came to me as a result of the experience.

The experience itself was terrific! I would especially like to do it again in a group trip, and think that its recreational use would be perfect.

I noticed that I turned on very quickly, and the effects lasted a long time. Even after I drove home, I was experiencing the calmness and "centeredness" of the material. My abilities were not impaired, however.

I loved the experience of just "being", and would like to do it again many times.