

REPORT OF EXPERIMENT WITH MDMA

Date: September 6, 1981

Place: Lone Pine ranch

Participants: Keira and Hudson Edson, Uma, Peggy and Fred

Background: Hudson's leg pains have been getting worse, and he has found no relief. He tried acupuncture with no success. He is considering going to the Mayo clinic. They have made the decision to sell their house, which is now worth a very substantial sum of money, which will pay for a luxurious retirement. They are spending quite a bit to fix it up with all the finishing touches for good saleability, Keira is bitter over leaving it and not being able to live in it completely finished. They are now well reconciled to their decision, probably brought to a head as a result of our last experience, but she has been under quite a bit of stress planning the new move and supervising the new work.

8:30 A.M. All take 120 m.g. on empty stomach. Peggy feels first in about 25 minutes, and I begin to feel slightly, by 9:20 everyone is feeling it coming on strong. It is a delightful experience, and everyone feels marvelous, enjoying being together.

10:00 Everyone is so high that we agree it is too early for the supplement. We walk outside, enjoying the marvelous beauty and the wonderful feeling among us. Everything outside is very much alive. The mountains and the skies are marvelous as we have some interesting clouds.

10:05 All take 40 m.g. supplement. Keira has had no nausea this time, Hudson's pain is almost gone.

10:45 Keira reports this is her best experience yet, with no nausea, no tension or jaw clenching. Hudson's pain is almost all gone. We walk down to the pond, immensely enjoying the beauty. We come back to the cottonwood trees, where Keira climbs into the tree which she finds a marvelous spot. The rest of us lie down, enjoying the trees, the mountains, the marvelous relaxation. I find an enormous sense of Presence looking up at the clouds, and get some good insights on my writing project. Uma feels some jaw clenching, I feel a little, Hudson and Keira are greatly pleased with the enormous relaxation and sense of peace. They both felt they needed this so much. We are all enjoying the experience immensely and each others company.

1:48 Hudson is feeling some of the pain coming back in his arms. Keira is very high, relaxed and feeling more stable. A little later we all begin feeling somewhat languid, Keira and Hudson lie on a lounge chair on the deck and later move to their bedroom, Peggy and I lie on the sofa, and Uma on the floor. I find it a marvelous experience to go inside. We lie quietly for a couple of hours, the latter part listening to music. I find that when I get up I am very lethargic, we all return, and we continue our marvelous experience. I am quite hungry, although no one else is. Food tastes marvelous. We enjoy a most unusual sunset, which turns to breathtaking display of purple colors that none of us have ever seen before. It seems a natural epilogue to our marvelous day. Hudson is so pleased and felt so good being free of pain that he wanted to repeat the experience the next day, since that is the only day they will have left.

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