



5-TOET to p.566

- ± 2mg [1+1] 10/30/81 ATS 1mg 12:52=[0:00] n.e. +1mg@[1:00] - maybe something (?) (±?) [1:30-3:00] [4:00] nothing. ±
- 4mg 11/1/81 ATS 7:30AM=[0:00] [2:30] vague awareness? tingle? nothing.
- ± 8mg 11/5/81 ATS 12:15PM=[0:00] - slightly brittle feeling from [2:-4:00?] something vague on into evening (drive to Tahoe). up a bit carefully. ±
- + 14mg 11/10/81 11:00AM=[0:00] [1:15] aware? [2] maybe +? good feeling - slight head awareness - no fragile this time [3] maybe + still - slight light head - benign. [4] still at +; thoughts towards erotic [5] still +, still erotic [6] still +, expl. org. [6:30] a flashing in outside darkness. [7] ± at best - risk wine. [9] pretty much out [10] out. A long-lived but friendly plus one. Venture to 20mg.
- ++ (<) 20mg 1/3/82 ATS, AP ≡ 7:35PM=[0:00] - it was difficult to say when there was an alert - by [1] both pretty sure there is something. [1:20] maybe + - real! [1:30] + [1:45] a benign and peaceful (sexy?) 1.5+. [2-3] maybe to ++ (at most). physical effects trivial, but rich fantasy - hard to assign +-ness. At [6:00] much the same (sl. < ++ ?) - no sleep problems. AM refreshed. On!
- +++ 30mg 1/16/82 ATS, AP ≡ 5:00PM=[0:00] - little effect at [1] - by [2] at ++ for me - but from here on - largely eyes-closed fantasy. Easy, and easily aborted, not always benign, not directable; eyes open - not much visual. [5] Brahms cello sonata - woven into wood fiber - shades of familiar - child-time images always with a dream-like ridiculous character, inexpressible, but completely logical at the time. The reduction of self-complexity to individual shingles (cells?) and then no relaxation as each single is alive with substructure. Try sleep at [8] - dart - up and wait [with] the mask of marcella. [9] sleep OK- AM- maybe spacey still? Me ++, [with] fantasy - AP less, maybe ++ - but she maintained focus on some question of universal significance.