

REPORT WITH EXPERIMENT WITH 2-CB

Date: April 12, 1981

Place: Shulgin Farm.

Subjects: Uma, Jacob, Sasha, Ann, Peggy, Fred

Dosage: Peggy 16mg; Uma, Jacob and Fred each 30mg; Ann and Sasha each 25mg

Start: 11:30 A.M. The onset seemed much more rapid than the time Peggy and I had taken the same amount a month previous. In about 20 minutes, the effects were quite noticeable, with the onset of energy and enhancement of beauty. These effects continued to increase. However, the full beauty and appreciation of those around me was somewhat marred by a draggy feeling I developed. This seemed to center around a feeling of lack of any worthwhile accomplishment in Lone Pine and a disappointment that not more was developing in the experience. I had hoped there would be more exchange between Jacob and Sasha, since Jacob has always been so curious in our previous experiments.

After about 40 minutes, there was a strong urge to get horizontal. It took about two hours for the draggy feeling to begin to let go. In the meantime, I had some very interesting discussions with Sasha, and felt my mind was working quite creatively. I dearly love these interchanges when my mind is clear enough to function properly. Like when Ann and I had some long talks which I found very fruitful. I felt her to be very insightful, and appreciated the opportunity to discuss and look at some of the things we were talking about. The discussion of the acceptance of negative feelings was particularly helpful, and contributed a lot more comfortably dealing with such feelings afterwards.

Things went quietly until about 4 p.m., and then the euphoria began to set in more firmly. The remainder of the day and evening were delightful, with much deep, warm feeling, interesting exchange, and deep appreciation of all the persons present. The descent with this material is the smoothest of any I know. It was hard to leave our good friends. The drive home went quite well.

The most remarkable part of this experience came in the days following. There was continuing euphoria, a remarkable feeling of being at peace and a strong inner confidence, which made the days flow beautifully. The enhancement of beauty remained almost at the level of the experience itself. In retrospect, the day has been much more significant than was apparent at the time.