

MDOH Aftermath.
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REPORT OF DREAMS

This is a report of dreams experienced after an experiment with MDOH, April 28th, 1979.

The first night of the experience I slept with a deep, almost numb, dreamless sleep. The next night I had an unusually intense dream, which I partially remember as follows;

I was at a party, celebrating an affair like a wedding, most likely a distant relative, taking place somewhere in California. What was outstanding was that I was with a bunch of my cousins from Texas, whom ordinarily I seldom see. But we were celebrating together, and everyone was happy and laughing, and we were having a good time. It seemed a special occasion, as past get-togethers have not been this joyous. I felt so good that I asked them all to dinner the following evening. then I realized that this was unfair to Peggy, because she would have to do a lot of work and didn't have a chance to have any say in the matter. I was feeling good at the prospect of having everyone over, but she was resistant since she hadn't participated in the invitation, and wasn't so sure that it would be worthwhile.

The scene shifted to the following evening, and I was traveling to meet the group of cousins (they were all male) for a get-together. I was riding a very small motorcycle, not like one you ever see. It was like a large tricycle, with a powerful motor, and would go very fast. It was very thrilling to ride it, and dipped in and out of some tight places with it, but arrived unscathed. My memory fades as to what happened when I arrived, but I have a very clear memory of the ride being scary but exciting.

A lot of the symbolism of the dream escapes me. I work very little with dreams, as I usually get more clear insights from meditation than I can act on, and am not looking for fresh inputs that require more expenditure of time to resolve. However, dreams as vivid as this I usually ponder quite a bit, but I don't feel that I have obtained any new understanding that corresponds to the vividness of the dream. The primary things that I got from the dream are: 1. The good feeling of warmth and closeness with my cousins that marked an improvement in my relationship. this left me with a good overall feeling tone about the dream. 2. The obvious lesson of not taking unilateral action that commits Peggy. 3. The exciting but scary experience of trying new things.