

EXPERIMENT WITH MDE

Date: January 24, 1981

Place: Gates residence in Atherton

Subjects: Tina and Aaron Gates, Clare and Neil Tusa, Peggy and Fred Brandt, Ann Perry (Shulgin), Mel Parameter, Sasha Shulgin

Peggy and I ingested 160 m.g. at approximately noon. The experiment developed nicely, although I felt a weight dragging for about an hour. It then began to dissolve, and I became quite euphoric. By supplement time, 60 m.g. at 1:45 p.m., the weight was gone, and with the supplement the experience became quite smooth and most enjoyable.

I found it an extremely rewarding experience, very smooth and more powerful than MDMA. However, I don't know how much the experience of increased effect is due to the chemical and how much to the presence of such an excellent group. The experience was delightful, permitting ready exchange with the others, great appreciation of outdoor beauty, and very little in the way of side effects. Although at the height I felt quite intoxicated, I felt little impairment of the ability to move around and do things, though for a while it felt very good to just be in one place and enjoy. Conversation was very open, and in the evening Aaron and I had a very good discussion which I felt brought us very close and in excellent harmony. All of the people looked absolutely marvelous, and it was wonderful to be with them.

MDE produces the same anorexia as MDMA; the evening meal was delicious but only a little was required to feel full.

Overall, this was a wonderful experience, and MDE is a wonderful material. I felt the effect was stronger, smoother than MDMA, but feel the group enhancement may be partly responsible. I felt definitely less physiological side-effects than with MDMA, particularly the urinating problem. Although I felt some dehydration, it did not seem as severe as with MDMA, and urinating was much easier and without the burning effect I experience with MDMA. Based on these results, MDE would appear to be an excellent substitute for MDMA.

Peggy felt hard hit by the material, to the extent that she had difficulty in verbalizing and following other people's thoughts. She had entered the experience with some cold symptoms. Her sore throat disappeared; she felt quite intoxicated and tranquilized.