

REPORT OF EXPERIMENT WITH MDMAMDMA->LSD  
[6:00]

Date: August 20, 1980

Participants: Quinn (my son), Zabrina (his wife), Peggy, Fred

Dosage: 120 m.g. for all but Zabrina, who had none.

Background: Quinn and Zabrina were staying with us for a week, and we had many intimate discussions and several hikes into the mountains. They loved the area, and Quinn was very anxious to share a psychedelic experience in this setting. He wanted a deep, intense experience; Peggy wished a lighter one. I opted to support Peggy and Quinn agreed. Quinn is a very experienced traveler, but we have shared only 1 experience, 2 years ago, in the last 15 years, which was also Zabrina's first and only experience. I have not encouraged Quinn in the past, feeling he is too eager to explore outer ranges of consciousness while neglecting quite a lot on this level. Lately he has been putting things together on this level much better, becoming a quite effective salesman, in many ways. I had fairly strong feelings that the new material would be the best under the circumstances. Zabrina did not wish to participate at all, since she was nursing the baby and did not want to do anything that might interfere with this process.

10:19AM Start on empty stomach

10:45 Quinn begins to open up. Peggy has first alert while talking on the phone to her mother.

10:58 I am very intoxicated. Quinn starts the Bach Fugue for organ on the tape recorder.

11:05 I am quite intoxicated, but handle a phone call quite well. We all move beautifully into the experience. The usual glow, softness, mellowness, euphoria grow, and ease of communication, One factor Quinn found a little disturbing is my hourly departure to change and water on the trees. I personally very much enjoyed the outdoors, and found it most exhilarating to do my regular chores in this state. Outside was marvelously beautiful. My absence gave Quinn and Peggy a chance to communicate. Peggy very much felt Quinn's support, and became very understanding of his deep spiritual interests. She also felt that Quinn was most helpful in helping her see aspects of her relationship to me, so that we became very close. We were all in a beautiful space.

11:52 We all take 40 m.g. supplement, Zabrina, seeing what a marvelous place we were all in, wants to join in, I recommend that she take an initial dose of 100 m.g., as I am unaware of it being at less than 80. However, she is very adamant that she wants to take only the supplement amount, so she takes 40 along with the rest of us.

1:50 Zabrina had moved very nicely into the experience, and has gone into a deep relaxation, which is profoundly peaceful. She has never felt so rested. Peggy is also very relaxed.