

REPORT OF EXPERIENCE OF MDMA

Date: May 11, 1980

Participants: Peggy and Fred

Dosage: 120 m.g. each

This experiment was undertaken to continue the development of the openness in communication commenced the week before, and also assess the results of a shorter time span between experiments.

Start: 9:34 A.M., Peggy on empty stomach, Fred after an orange at 7:15 A.M.

I first notice effects strongly when get up to make some orange juice at 10:15 A.M. 10:18 Peggy takes off. By 10:24, Fred in very happy high, elevated, approaching +3. Totally different than experiment of previous week. Feels great; not eating a significant factor in early takeoff. I find my voice very sonorous, enjoy listening to it.

10:45 Walk outside, sky, clouds, amazingly beautiful. Much light and life. However, it is cold outside, and come back to a fire in the living room.

10:58 Take supplement at Peggy's request, both 40 m.g.

Experience continues most pleasantly, free exchange of ideas. Music is beautiful, as is landscape and clouds. Later we walk around enjoying the beauty of outdoors, spend time reflecting on mountains and the brilliance of spring and abundant flowers.

3:20 Peggy is still high. For me intoxicating effects have left, leaving me quite peaceful, open, and energetic, the last being a change for me with this substance. Peggy has no appetite, but I am hungry, We eat some delicious soup, and lie down for a nap. To my amazement, I fall sound asleep, and don't feel like getting up until 7:00 A.M. the next morning. We are both refreshed, feel quite renewed, and very close to each other. The ensuing day is delightful, full of peace and beauty, and with the enjoyment later of sharing with Peggy's mother and other good friends who joined us for dinner.