

EXPERIMENT WITH MDMA, AUGUST 19, 1979

Participants: Hudson and Keira Edson, Uma Frazier, Peggy, and Fred

Background: Keira and Hudson are very fold friends, dating back to the early days of Ampex where Hudson has been a mechanical engineer (now at Memorex). They were early ~~supporter~~ subjects in the Foundation work, and staunch supporters of the Foundation. In the past few years, Hudson has developed a number of physical ailments, stemming I believe from excessive tension. He is quite overweight and drinks more then he should, possibly to alleviate pain. He has suffered loss of muscle tone in his left leg and his legs pain him quite a bit. He also has what has been diagnosed as a hiatal hernia. They have had psychedelics only under authorized circumstances, and not for some years. I suggested this experiment in hopes it would be helpful. They were quite eager, and drove to Lone Pine for the weekend.

Dosage: Keira and Hudson 100 m.g. The rest, 120 m.g.

9:22 A.M. Start, all on empty stomach.

9:47 Uma is hit hard, it having come on very suddenly.

9:52 Peggy beginning to feel strongly, and I feel it come on very strongly, quite suddenly.

10:00 Keira still not feeling it, but Hudson's face has become flushed with color.

10:05 Keira getting very high, feels is floating off the couch.

10:10 Hudson is beginning to feel. Uma looks idyllic, Peggy face becomes soft and glowing. I feel glorious and enraptured by the beautiful clouds over the mountains. We are blessed with a nice cool day, as there is cloud cover, and we need sweaters inside.

10:20 The sun begins to filter through, and we move out on the deck. Outside is glorious. We drink in the fresh air, feel the energy, and drink in the beauty around us. Keira is extremely relaxed, as is Peggy. We enjoy the close feeling. Keira and Hudson are great subjects to be with.

10:52 All but Hudson take 40 m.g. supplement, Hudson is feeling nauseousness, and is satisfied to continue as he is. Keira reports feeling trembly. She senses an energy flow in her neck, relieving her arthritis. Also, poison oak that she had gotten on her arm did not bother her.

11:10 It is getting warm on the deck, so we move down under the cottonwood trees. Hudson is beginning to feel better. Everyone finds light and color enhanced. We enjoy the trees and scenery, and free communication and good feeling. Keira is very, very relaxed. We stay under the trees for about an hour, until it starts to sprinkle. We move back to the living room, and enjoy music. Everyone is very relaxed, very mellow, very insightful. We have a most enjoyable afternoon. We have a light meal around 5 p.m. I am much hungrier than usual with this substance, possibly because of no breakfast. Everyone notices taste enhancement, especially on the marvelous melon the Edson's brought. Everyone is very grateful for the experience. Keira and Hudson are very glad to have the opportunity, and recognize the need to reconnect to the roots.