

~July, 1979

MDOH 100 mg Colin, Benita ++, ++

20 min. after intake first slight window
 30 min. " " Plateau reached, lasting for 3 more hours,
 then slow decrease over ca 5 hours

Full mental and emotional control at any time.
 Some dizziness in the beginning, higher pulse rate

Colours, music, smell and taste intensified (taste more in a
 Negative sense: too salty e.g.)

Anesthesia, quite remarkable

An "emotional window", "soul-window", "Anima", gently, warmly
 and widely displayed, full blossom, not merely a bud, blossom
 without the precognition of fading,
 absolute happiness, freedom, love, undirected and directed, but
 encompassing, complete fulfillment, without wishes, but the inherent
 freedom to act, no driving force though.

A "contemplative window". A "transcendental window", slightly
 disturbed by the awareness of some body-tension.

Individual experience: the colours of the pharmacy, of all those
 packages of drugs constituted a beautiful mosaic. No "merchandise",
 but a real treasure to be applied with individual intention and
 care. The oil-crayon pictures were seen with new eyes, new
 meanings, faces, figures, the colours of the rainbow subconsciously
 very specifically applied. "Soul-scape".

Experience of physical rebirth (Colin), very light birth process,
 wonderful to greet the light.

An an embryo we ~~hear~~ hear the motoric functions of the body of the
 mother, therefore motoric "drivenness" is a natural part of a human
 being.

The following day very exhausted, tired, back-pain.