

REPORT OF EXPERIENCE WITH MDMA

Date: April 13, 1979

Participants: Uma and Jacob Frazier, Peggy and Fred

Dosage: All take 120 m.g.

4:12 p.m. Start

4:29 I feel some exhilaration as does Peggy. Peggy "getting a buzz on."

4:54 After initial rush, it has been quiet. I notice the effect more when I stand up.

4:55 I am getting intoxicated, as is Peggy. Peggy notices heightening of perception and everything getting more colorful. Everyone is beginning to feel deeply. Everyone looks young and soft, and everyone feels very warm and close feelings for each other, which are expressed. Uma and Jacob feel particularly close, and are engrossed with each other. We walk outside, where it is particularly alive and beautiful. We are all feeling wonderful. Peggy comments that 120 m.g. is much better than 100 m.g., which has been her starting dose up to now. I notice a great beauty in the Amazonian cypress which had never particularly struck me before

5:40 We all take 40 m.g. supplement. Jacob asks for music, and we play Iren's records, which seem particularly appropriate for this experience. We share much love and heightened feeling. Everyone feels so alive and relaxed and how wonderful it is to share this experience together.

7:04 Uma remarks that the experience was a long time coming on for her, although she was relaxed and tranquil. With the supplement she kept getting higher and higher. We speculate that might have been because she was so tired and got so little sleep for a couple of days, after being very busy in Mexico and coming right up here with no time to rest. She has noticed for the last 10 minutes a strobe-like effect. Is this the same as eye-darting?

8:30 We spend more time outside enjoying the marvelous beauty of the moonlight.

9:47 After a most relaxed and enjoyable evening, we finally get around to eating. Everything tastes wonderful.