

- t 10mg 10/31/78 9:30AM=[0:00] 0:26 alert? I
 feel it in my legs. [0:40] leg tremors mild physical awareness for ~1 1/2h.
 mentally, probably nothing. At most ±.
- ex G. Webb 10/3/78 20 mg p.o. $\cong \text{psilocin, but lasts only 1-1.5}$ hrs., no residual tailing
- ++ 15mg 12/22/78 11:10AM=[0:00] [0:20] alert noisy & nice [0:30] already to ++ - nice quite windowish [0:45] perhaps >++ - some tremors [1:30] still ++ - rather chilled-body temp - response confused - sl.imp. but good org. [2:00] substantially out - short intense experience - basically enjoyable [3:00] out in every way. Pot. again.
- +++(!) 20mg 1/2/79 [11:20]=[0:00][0:15] alert-nice [:20] developing fast very nice - some leg tremors. [0:30] already >++ speed of onset is incredible -I could not drive - I am robbed of voluntary action [0:40] this could not get any deeper [0:50] incredible org - ej! - [0:55] try to put a name to it, just +++ smashed - [with] eyes closed very little - I am somewhat chilled. [1:00] - no visual, no sensory - this seems like an extreme aleph-7 beth state. [1:10] Rubanesque fancy - no sex but back-to-mother cuddly imagery - ????? removed from physical angles [1:30] go for two very significant pieces of wood for fireplace - if all my actions are pre-programmed, and I am following commands, then I have no free will - if the command is "to have free will", then I obey. Who? Why obey an undefined, unheard commander? still +++. Nothing is inventive, all is pre-programmed [1:40] back to ++ - still very much in the grips of "lack of self-determination." I could function "rationally" in the lab, but following ("whose?)" directions? Is this finally God? Is this a religious experience? [1:50] down to +. This has to have been a religious awakening. [2:00] still a little zombie-like - but largely down. [2:20] I am still shaken to my root by these realizations. [3:00] completely together.