



MMDA-2 Continued.

++ 40mg 8/13/78 10:35AM=[0:00] ATS, AG, TG. develop between [0:30] and [1:00] to a full and quite windowy ++; no appreciable anorexia but food not too interesting. [1:00->2:30] to ++.5 - difficulty in adjusting body temperature (shade too cold, sun too hot, nowhere just right). first decrement at [5:30] - drive (a little strange) at [6:00] to BBC meeting - not base-line sober until [11:00] - good sleep - awake in AM fresh and energetic. Overall pleasant, not the greatest. Little effect, unlike MDMA. Perhaps this is virtue in psychiatric use.

At 10:35 AM AG, TG & ATS ingested 40 mg of MMDA-2. The onset was very quiet with the first alert about 20 minutes later. I experienced slight nausea and AG observed several LSD-like symptoms e.g., runny nose, sneezing, inner chill. ATS was symptom free. The chemical was primarily a visual enhancer with only an extremely modest amount of visual distortion. Conversation flowed easily, without inhibitions or defensiveness. There was no strong affective component which appears to make this a particularly good therapeutic adjunct. The experience was still about 2 1/2+ at 4:00 PM and began to drop very slowly after 4:30. Still well intoxicated at 5:30 but driving a car would be easily within limits. Anorexia accompanied experience. There was no impotence. There was some restless movement which disappeared with exercise (walking and playing Frisbee). The chemical seemed to facilitate empathic communication and the emotions felt strong and clear. There was some retinal activity but of a minor and non-threatening nature. Insomnia accompanied experience; love-making helped reduce tensions considerably. We fell asleep around 4:00 AM. Woke feeling energetic, no muscular stiffness, alert. The apex of the experience was approx. 2.25+ Would repeat the experience.