

REPORT OF RESULTS WITH MDMA

From F. Brandt 6/13/78

January 30, 1978. First experience was January 28. This one was repeated at same doses levels, 100 mg. for Peggy and 140 for me.

3:00 p.m. Start.

3:10 I can feel slightly.

3:12 I can feel some euphoria. Peggy says things are looking better.

3:20 I feel it coming on strongly; Peggy reports slight tingling. Verbalizes apprehension of her mother. Feels elevated pulse. Greens are very green.

3:25 Peggy thinks she is going into phase II, 1/2 pleasant, 1/2 not.

3:28 Peggy reports tingling, buzzing, unpleasant. I see her face distorted, but realize this could become a judgment, so look up into the beautiful blue sky and am aware of a higher level.

3:35 Peggy says discomfort is tapering off. Fingers are tingling.

3:50 Not ecstatic. She is afraid of our being found out.

4:25 Discomfort has passed; Peggy is getting a glow

4:50 Peggy has trouble focusing. Glow comes and goes.

5:40 Very relaxed. We have a very relaxed, enjoyable evening. Effects taper off gently, leaving us in a very pleasant state, much more alive.

April 30, 1978. Peggy and I started at 1:00 p.m. with Christine Gates. The girls each take 100mg., I take 120. This turns out to be the most pleasant of all experiences for me, euphoria coming on and steadily rising to a high peak. The experience was also totally pleasant for Peggy. Christine begins to feel nauseous, goes to the bathroom and throws up. Feels a little better. She sits on sofa, has very hot flashes, very hot, uncomfortable. At peak, we go outside, I find nature brilliantly alive and fantastically beautiful, the most beautiful I have ever seen it, with tremendous euphoria. The love among the three of us is outstanding. We sit outside for a while, and have very open communication. Then Christine finds the light is too bright, and we go inside. She is now feeling good, but wants to take it easy, not too much light. We converse very openly for several hours, with a marvelous feeling of closeness. We all come down very smoothly and gently. At peak time, no one wanted to take a supplement. We visited freely and easily til dark. We ate a delicious soup Peggy had prepared and enjoyed it enormously. We continued to talk very enjoyable till bedtime, when Christine departed. The three of us had never felt closer.

June 9, 1978. The experiment with Christine was repeated, starting at 2:p.m. with the same dose level. The session developed nicely, and no one felt any discomfort. Christine preferred to sit with her back to the outside light, looking at the softly lighted interior, until things began to become more vivid in color. She then chose to withdraw and close her eyes and look inside, despite Peggy's and my interest in going outside. We sat with her inside for about 20 minutes, when she came out of it. She later told us she had asked, What shall I