

MDMA - continued. f. 261

- ++ 160mg 5/10/78 (4:27PM) [with] LR 140mg [0:37] start, 40+, at ++ at [1:30] - nothing new. LR [with] considerable intellectual impairment - both [with] jaw clench. [3:30] dropping - poor appetite - LR had edge of reality loss. Previous day [with] DMT.
- ++ 140mg 7/5/78 3:00PM=[0:00] at Hh [with] CM, BM 100mg. Proper chronology - supplement 40mg at [2:30] [5:30] clearing - walk in woods [8:30] to bed - delayed sleep. AM fine.
- ++ 160mg (+40@[1:30] TG+AG 120 [with] 40@[1:30]), 7PM. night experiment. They alerted at [0:25] - I at [0:40] to ++. Visual content is absolutely necessary - eyes closed -> nothing. Supplement perfectly timed. No appetite (soup barely touched) Outside shadows benign and friendly. I am v.much [with] BM. Dropping at [4:00] - uneventful drive home [5:00-6:00]. Gentle experience.
- + 120mg (≡FB,PB,AG,TG @ 2:00PM=[0:00] last 4 + 40@[1:45] 8/4/78). Expected chronology & effect, except AG slow development & light, and ATS light. PB loses pallor - becomes beautifully articulate. No heart aggravation - if anything develops an awareness of beauty and of natural surroundings. Able to eat ice cream (normally, cold foods -> severe coughing) ATS intense anorexia. Residue to [7:00]. Most beneficial expt. +
- ++ 120mg (≡ AG, Mel) 8/26/74, all +40mg [1:40] 11:20AM]. [0:30] alert all - to ++ by [1:00] and [with] supplement at [1:40] [4:00] drop. I sleep 1/2 hr. gentle recovery - both AG+M. sleep paradoxically in evening. Excellent . no complications. ++.
- + 120mg (≡ NT,CT, all +40 [1:30] 9/4/78 12:00=[0:00] alert [0:25-30] to a ++ at [1:00] - suppl. at [1:30] - drop starts ~[4:00] CT very talkative, probing NT who is evasive and mute. He acknowledges that he can't answer directly - his anchor. Delightful time nonetheless. Appetite almost normal at [7:00] NT good, deep sleep. Between + & ++ NT quit his job shortly thereafter. Probable outgrowth of his internal dialog.
- + 120 (100 QR, 100 YC - no supplement 9/16/78 10:45AM=[0:00] ATS, YC normal doses. QR nothing to [0:45] then light head, throat, cannot swallow, then to hill - cannot breath. "I'm going to be alright" (?) (!) No smoking sign. at ~[1:30] "I have the right to be alive" "Its all right to be alive" Mother's death at her birth. Next hr [to 2:30] all physical clears up. Excellent afterwards. Colors (greens) into next day. me + she ++.
- + 120 (100 IJ, both +40 at [2:45] 9/17/78 6:05PM=[0:00] 0:25 alert 0:40 + or ++ limited impact later in evening. Supplement maintain to ~[6:00] when both were ~ ±. Well taken.

D.C. Alabama 9/16/78 120 - eat, sleep, eat, erection, toe muscle failure to 2 year old regression. Intense and stimulating - details to come

on to 290