



Aleph-4

1mg + 2mg after 4h

Jan 21 1978 mailed  
1/23->1/30  
Colin Marsh

- 1:00: *first effects, the perspective a little unsharp.*
- 1:30: *feet + hands cold, some tremor, temperature changing (cold - warm) as in front of a fire place (front + back) : Amphetamine effects. faces of people changed more fear + anxiety, white surfaces with two "looking" points (not unreal)*
- 4:00 *the amphetamine effects are gone, but nothing specific other occurred. I add 2mg and got approx for 1hr more again some amphet effects*
- 5-10:00 *If I did not know, that I took a compound, I wouldn't notice any change beside the fact, that I am awake, not tired at all. In no way turned on, changed by something, not psychotomimetic, schizoid as with MEM. fixing a chair, nearly free from body weight or pain; free from the urge to do something specifically; one starts to read, to listen to music etc by choice, by chance, without a schedule; the process of thinking seems easier, there is a change of context, which is evident, therefore not surprising (the face of the cover of the book "People of Kain" had always the expression of a state of being; but I noticed, that it expresses a state of pretense. Later on I read, that the face and body colouring is done for the purpose of impressing other people, in the same way as we are dressing ourselves). More such things during talking with Benita therefore "interpretative window" seems right. No MDMA window, no colours, music a bit more intuitive - good sleep without a sedative; AM OK - - I am not yet sure about the effectiveness of the substance. After 4h is a loss of the unproductive amphetamine effect and for the next 5-6h a physical and mental active status. The increased interpretative power could possibly occur also after a good night's rest(?) If not - therefore a drug effect; then this drug has really something new, which seems to be a combination of a balanced state between relaxation and awakesness (without nervousness 4h after intake), without any reality loss.*