



aleph-7 to p 338

- 0.5mg 5/22/77 8:45AM ATS n.e
- 1.0mg 3/24/77 12:10AM ATS [2:20] pulse 100 - n.e.
- ± 2.0mg 3/29/77 10:00AM ATS The day was unusually manic - Set up TA work [with] Lewter evening [with] Dustin, difficulty in sleeping (midnight to ~2AM). stimulation? give ±
- + 3.0mg 4/22/77 9:40AM ATS=[0:00] at [2:00] a paraesthetic twinge or two [3:00] easy & relaxed [4:00] enough to say + eventually willing to push - but for now let this ride out. Some physical tension. Wired? Definitely no window. Afternoon [with] Grant [8:00] still very aware = gritty, [9:30] food quiets this. ears still "popped". Sleep OK at [13:00]. ~ +
- + 5.0mg 11/12/77 7:50=[0:00] [0:40] alert [1:00] something to ± [1:30] to + onto [4:00] still + -no fun -no window [6:00] dropping - a clear but not intense aleph. [9:00] out [16:00] unable to sleep - doze at [20:00] - next day no problems. +
- +++ (.5) 7mg 6/13/78 9:30=[0:00] [0:55] start? [1:10] develop to at least + [1:45] home from shopping, developing more [2:00] intense eg [2:20] becoming body-depersonalized [2:30] at full +++ - call for help? go for mail [2:45] deeper and deeper - none of any familiar landmarks - no window - no LSD reality loss - no shakes and shimmer - but intense, profound +++ of something characterized only by the absence of extremes. Frightening because it is deepening and I don't know where - drive to Gates's - incredible drive [with] lane markers flitting up and past my line of sight - but basically sound driving. Arrive at Aaron's at [4:15] for baby-sit & his observations [6:00] subtle transfer to a +++ of a good sort - recognizable as friendly - allowing assurance of re entry. [7:00] first sign of softening - to perhaps ++ but still intensely stoned [10:00] eat fruit salad - still at least + [14:00] home again still + first urination of the experiment - write this up. I will try to sleep but I don't expect much success - hot shower & try at [15:15] Light dozing at best - awake and up at [22:00] with possibly some effects still. These passed quickly, and the rest of the day was OK. An hour's sleep at [31:00] relieved the slight tiredness. Overall - a strange experience - perhaps reflecting the depression that was my state before the experiment - but it was an extremely deep something that I had never experienced before and could give no name to. I will repeat in the near future, but with someone with me. over +++. To give a name to the effect (which has reoccurred, [see aleph-4 6/17/77](#)) call it Beth.
- ++ (+) 6mg 7/8/78 [with] Benita;Colin 6mg each 2:00PM=[0:00]. [0:20-0:40] alerts all - nothing more. [1:30] slight tremors - 1st effects [2:00] Benita into brief MDMA state. I at + and developing [2:15] Benita into physical, I am developing [2:25] still + what is it? [3:30] end of extreme neutral - state is going to "mescaline" now. [4:00] painting, Colin gyrations to K.Jarrett - Colin emotional collapse. this to [5:15] [8:20] back from walk - wide-angle vision - temper [with] wine - still +. try Beethoven. All music [with] silly distortions except jazz concert. [10:00] try sleep. difficult. AM. me OK. they residual - strangeness lasted for 2 days. They both +++. I at ++. Definitely not aleph-4.