

Subjective effects  
of



$\alpha$ -O-DMS.

([cross ref p 184](#))

September 10, 1976 10:45AM [0:00] 30mg in water.

- [0:45] warm flushing - nausea - Oh I wish the physical would be done with.
- [1:00] some dilation - I am uncertain if there are some CNS, or just fighting nausea.
- [1:15] active vomiting (mild) relieves nausea - and there are virtually no symptoms.
- [2:00] building into wild ASC (ej excell) eyes closed - roly clouds and strangely interpreted imagery - try eating apple - not sure of stomach stability.
- [2:45] into zombie period - walk is a bit frankensteinish - piano keys unreal - type writer keys unreal - music & text that comes out has little bearing on my intention. The most fun was writing with the power off - no inhibitions - no record - tried a bit [with] power on - this came out.

**what an aliel keyboard - what will it produce?**

**anilan    alina        anein        alein        alean**  
**alian        alien            wow wowwowwow**

- [3:15] Lions face (on chair) - many things - cheeks become boxing gloves - mouth talks but no words are evident. entertaining - but not profound.
- [3:45] So much mileage from just 3mg of  $\text{CHN}_3\text{O}$ . Obviously it is my own energy pool that has been tapped.
- [3:50] old friend diarrhea again - modest - just symbolic. All through the last 2 hrs - in addition to the interpretive changes, there were mild visual distortion - things tended to flow - not bothersome - but I know I couldn't drive a car. Here was a marvelous chemical gestalt - reasoning from O-hydroxy benzylalcohol Rx [with]  $\text{CN}^- \rightarrow$  benzyl cyanide, why not dehydrate  $\text{HO}(\text{CH}_2)_2\text{CH}_2\text{OH} \rightarrow \text{CH}_2=\text{CHCH}_2\text{OH}$  then reduction 1,6  $\text{TM} \rightarrow$  p-OH allylbenzyl and 1,8  $\rightarrow$  p-OH propenylbenzene - then - if reduction goes from methoxy group, a compound such as normetanephrine would  $\rightarrow$  2-carbon MDA ( $\beta\text{YOH}$  reduced off at expense of guaiacol becoming a methylenedioxy. Phoned Barrett he was amused.
- [4:35] Quickly mending
- [5:00] I could drive to Lafayette now without trouble- visually things still move but the physical zombie is not there anymore. I can ignore the crawling.
- [10:00] still some dilation, teeth are rubbery, hypoxia. There is still some body poisoning present.
- [12:00] attempt sleep - not too satisfactory - restless - strange mental interpretations.
- [24:00] (next AM) clear - no residues.  
This is probably the most potent indolic psychedelic yet uncovered, at least via oral route. Any higher dose require baby-sitting.