

On January 2, I got more feedback from the participants on the transition from MDMA to LSD: For Uma, at the height of the MDMA experience, She felt herself as being everything. With the LSD, she began to bring everything back inside herself, finding a strong core forming inside herself like a strong rod. Her thoughts became more profound, and she could see more clearly as she thought about her work and her relationships.

For Jacob, it was almost the same, except that the body became more light and expanded. Vision became more clear, more profound, and with more details.