

REPORT OF EXPERIMENT WITH MDMA AND LSD

Date: December 25, 1982

Place: Brandt residence, Lone Pine

Participants: Uma, Jacob, Peggy, and Fred

Background; For the last month Uma and Jacob have been working through some intense areas in their relationship. It has been a time of particularly intense inner examination and growth for Jacob. Uma, having visited the Edson's last week and finding out how meaningful their last experience had been to them, requested if they could not follow the same procedure.

10:15 A.M. All take 120 m.g. of MDMA on empty stomach.

10:32 a.m. I feel it beginning to come on. Jacob's mouth is dry, which is the first time this has happened with him.

10:45 a.m. We are now all getting into it well. Jacob reports that he has a "love by-pass." In Another 15 minutes, Peggy is very high. We carry on a very animated conversation, Uma telling us some of the high points of her visit to the Bay Area. We are all feeling marvelous, the experience developing beautifully with good feelings, animation, melodic voices, beautiful expressions. We all enjoy each other enormously, and are very insightful about the people we discuss.

11:19 a.m. Jacob reported that he went through some tensions in the early part of the experience, the first time he has experienced tensions with MDMA. Now he is the most intoxicated he has ever been.

11:49 a.m. All take 50 micrograms of LSD. (We are re-calibrating ourselves with Sandoz material.) After about 20 minutes, we are beginning to quiet down, and put on DAPHNE AND CHLOE. As I get into the LSD, I begin to take a dive, and begin to feel cruddy feelings. I go inside and let go to them. I feel very comfortable and accepted with my family, and make no judgments about my feelings, other than being disappointed, and continue my experience. Jacob later reported that he also went downhill with the LSD, but recovered fairly soon. Peggy and Uma retained the same beautiful state they were in with MDMA.

12:37 p.m. I am now feeling the LSD quite strongly. The negative feelings are tenacious. I decide to share what seems to be bothering me the most, as in the past talking has been helpful. This involves the loaded feeling I often get sleeping with Peggy. Talking about it helped a little, but not much. Jacob was now getting into quite a clear space, and was very insightful. From where he was sitting, there was no need for me to create the discomfort I was feeling. I examined the need to punish myself, without coming up with anything new. Letting go deeply, I seemed to relive some element of birth experience, with much tension and pain, but not necessarily revealing. I was aware that I was not very appreciative of my mother. After a while the negative feelings dissipated, and I was able to turn my attention to more positive things.

I thought about Jacob, and felt he would like to hear Dvorak's New World Symphony, which had been very meaningful to him years before. Everyone responded well to the music.