

REPORT OF EXPERIMENT WITH MDMA

Date: November 4, 1982

Place: Brandt residence, Lone Pine

Subjects: Benton Mcquiston, Warren Foraker, Quinn Brandt, Peggy and Fred. Zabrina was a non-participating bystander.

8:32 a.m. Start. Warren takes 140 m.g. MDMA, all others 120 (except Zabrina).

8:52 a.m. Peggy is starting to feel. A few minutes later Quinn is starting to feel it. He feels the cup of Earl Grey tea potentiated it. He feels his glands changing.

9:10 a.m. Benton reports that the material has reached his head. In a few more minutes, I feel it very strongly. Warren has been outside sitting on the deck. Inside, we are all enjoying the development, and are in good communication.

9:19 a.m. Warren comes in, reports that it has taken him 45 minutes to feel into this experience, whereas the last time took 30 minutes. It is good to have him with us, and we all develop into the beauty of the experience -- the warmth, love, closeness, gratitude, freedom of communication. We are all much more verbal than the previous experiences with Benton; communication is excellent, enjoyable. Quinn establishes a good rapport with Warren, works on his body with his massage techniques. Benton reports he has learned to stop thinking by visualizing light.

9:59 a.m. Benton, Peggy, and Fred take 40 m.g. supplement. Quinn and Warren do not yet feel ready for it.

10:16 a.m. Quinn and Warren take 40 m.g. supplement. Quinn's capsule has melted a bit from spilled tea. He licks up remains from the saucer. He said that touching it with his tongue gave him a great rush, as though going directly to the brain.

The experience continues delightfully. We are all enjoying very much, and are all getting along very well together. Quinn and Benton have some interesting exchanges, wherein Benton sensitively recognizes some competitiveness between them. Quinn is sensitive to criticism. Benton had been a little worried Quinn would try to control the session with some of his suggestions, but they were made as contributions. Warren enjoys Quinn's body work, goes into his Indian song which is very moving to us all. Teresa gets a contact high, very much feeling our energy. She is angelic, extremely insightful. Benton likes very much having someone present willing to look after things who has not taken the material. Warren cannot tell that the extra dosage is any different from before. He does not look quite as happy as previously; he reports that this one is more serious. He still feels the inner joy, and is content to accept what comes in his experience. We all enjoy the clarity of little Xavier, 2-1/2 years old and very alert and alive.

11:30 a.m. We enjoy listening to music. I sit between Peggy and Benton and go inside. It is a marvelous experience, very much feeling their good energy. Peggy and I are extremely close.

In the afternoon, Benton gets the return of his inner voices expressing negative feelings. I suggest looking directly at them to see what they mean. Zabrina confirms that it will be instructive, as Benton is very sensitive and tends to repress a lot. He is worried that this will intensify the negative experience and lead him in the wrong direction, which he felt he learned to overcome the previous time. I suggested he do it only for the duration of the Berlioz Symphony we were about to play.