

EXPERIMENT WITH MDMA AND LSD

Date: September 11, 1982

Place: Brandt residence, Lone Pine.

Participants: Uma, Jacob, Peggy, Fred

Background: Jacob had never had a chance to try the experiment of following MDMA with LSD. Also, since he has not had LSD in several years, he wished to try it again. This experiment was set up to fill both requirements.

9:37 A.M. All take 120 m.g. of MDMA, all but me on empty stomach. I had a light breakfast 2 hours earlier, not liking to spend such a long day on an empty stomach.

10:03 a.m. Peggy is getting lots of color enhancement. Although we are all progressing smoothly and pleasantly, Jacob and I are only feeling it mildly at this point. I am very much aware of the food that I ate, and felt that the experience would be more intense if I had fasted. After an hour, we are all well into it, and it is very beautiful. We all feel very close, much love, much beauty, and very grateful for the experience. It is not a hot day, as it started off cool and there is quite a bit of wind from the north, but crystal clear. Outside on the deck everything is amazingly beautiful.

11:09 a.m. We all take 1/2 tab of LSD.

11:39 a.m. Both Jacob and I feel the expansion from the LSD. It is a very smooth, nice transition. We move into the LSD with the same euphoria. As the LSD takes hold, everyone quiets down, becomes more speculative. We spend a lot of time in our own experience listening to music, everyone feeling quite free to do as he chooses. For everyone, the LSD was a very rich, meaningful, enjoyable experience. We all had a marvelous time together, felt very, very close, and were glad to be together. There was not much activity, as we were all content to just be together, enjoy the beauty, the music, and our experience.

To summarize, we at first thought that the dose of LSD was inadequate, and we would not produce much of an experience. But it kept growing and growing in intensity, until everyone had a full experience. Peggy felt quite zonked out most of the afternoon, and wished to move very little. Doing physical tasks like starting up the soup were done with difficulty. She preferred to be quiet and not move. At one point, she looked in the mirror and saw my face.

Uma had a beautiful day, and felt very solid inside, and very secure. She was very much at peace the whole day.

Jacob had a very enjoyable day. For the first time he had no pain with LSD, but everything was very beautiful, peaceful, and enjoyable.

I will elaborate on my own experience for my own record. While I did not have a negative experience, I was aware of inner tensions with the LSD, and it felt good to relax and let them go. I will relate some of my major perceptions. I was very much influenced by an old letter from Ann commenting on my experience at the farm, which I more or less accidentally ran across when looking for a report for Jacob the night before our experiment. She pointed out the need to be open to others, and I turned my awareness to Peggy. It hit me very hard that I needed to be gentle with her, and that ordinarily I was very ungentle, with her and others. I felt this through and it was wonderful, and I saw how to apply it in many situations, I was thrilled with how I could open my awareness to others, and continued to study