

EXPERIMENT WITH LOW DOSE MDMA AND LSD

Date: August 29, 1982

Place: Gates residence, Atherton

Participants: Clare and Neil Tusa, Tina and Aaron Gates, Mel Perimeter, Peggy and Fred Brandt

Background: Tina and Aaron have reported that they have found they can take much lower doses of MDMA and get the same experience with less body load, particularly when followed by a small amount of LSD. We decided to try this format, using LSD as a supplement because of the lack of time available because of our late start.

2:27 p.m. Start with MDMA as follows: 80 m.g. Tina
120 m.g. Neil
100 m.g. All others

The experience developed very nicely, with the usual grace and beauty and marvelous love of good friends. The grounds are particularly beautiful and offered much to appreciate. Everyone lighted up well and we very much enjoyed each other. Peggy has been suffering from severely blistered and possibly infected lips from overexposure to the sun. Much of the pain went away and they appeared to be healing much more rapidly. I felt the experience reach a very nice intensity, but not quite as profound as with the 120 m.g. I am used to. Stated another way, it wasn't quite enough to work through the residual load I usually carry.

4:08 p.m. All take approximately 1/8 tab of LSD. I felt the LSD start taking effect about 15 minutes later. It was an exceptionally smooth transition, with no loss of the euphoria of the MDMA. In the past I have noticed a kind of "thinning out" as the MDMA wore off and the LSD comes on. I reached a beautiful peak with the LSD, very much feeling God's presence and enjoying it everywhere. This fell off after about an hour. I would like for it to have lasted longer. I was still in a very beneficent state, and enjoyed all the people and our surroundings very much. We had a very lovely walk around the neighborhood, and I very much appreciated the beauty everywhere. The comedown was very smooth and pleasant, leaving me energized and feeling great, without the usual trace of tiredness I often feel with MDMA. The evening ended most pleasantly with good food and good visits. The next day I felt extremely well, with no trace of body load. There is no doubt that this procedure is ideal for a group get-together with no aftermath of body load. For myself, however, I believe I would reserve such experiences for more intense exploration and pay the necessary price in aftermath.