

As the afternoon progressed, we enjoyed food which tasted marvelous. It was marvelous being on the deck, sitting in the shade and feeling the breeze, feeling the great love among us. I became very quiet but enjoying it all immensely, with a marvelous sense of God-presence, marvelous mental clarity, and a deep euphoria much greater than I have ever experienced with LSD and more like the come-down of experiences with the group in the Bay Area. This went on into the evening as we sat on a bed we had prepared on the sunny side of the deck and watched the sunset, and later the moonlight, enormously enjoying each others company.

Zabrina began to experience a lot of body discomfort. She became very worried that everyone else seemed to be coming down and restoring normal functioning and she could not get back into her body. This became very painful when she felt that little Xavier needed her and she could not respond to his needs. Unfortunately we didn't realize the extent of her discomfort until she told us about it the next day, and I realized I had failed to give her enough indoctrination on the comedown, and assurance that we would take care of Xavier, as she is very tied to him. She slept fitfully, but was grateful to have had such a profound experience and realize her Oneness with God. Fortunately she had plenty of quiet time for the next few days to integrate her experience. The rest of us felt marvelous the next day, and we all went for a good hike up Whitney Portal, which seems to be an excellent way to dispel undesirable metabolites from the body, and get the body functioning well again, to say nothing of the appreciation of the enormous beauty. This was a most profound experience for all of us, and has left us all in a far better place.