

Several times we strolled outside, and enjoyed the beauty of the plants and the mountains. As the afternoon wore on, we began to feel somewhat tired, especially Vanessa. Food tasted wonderful. Refreshed from eating, we took a lovely walk Peggy had a little neck tension, and Ivan had some tensions he had experienced before in sessions. One thing in common is that we all had some things that we specifically wanted to look into under LSD, but the nature of the experience made them seem irrelevant and we all preferred to stay with the group and enjoy each other and our communication. I particularly wondered if we were missing out on an opportunity, as I was having; some undercurrents of negative feelings, and wondering whether it was wise to ignore them. However, I did, and we had a pleasant evening and went to bed early.

We all awoke enormously refreshed and renewed, and full of energy. We spent a delightful day together, drawn very much closer by the experience. Even though no one experienced any great answers, we all felt the experience was most valuable and appreciated the opportunity to more intimately share our beings.