

REPORT OF EXPERIMENT WITH MDMA

Date: April 10, 1982

Place: Brandt residence, Lone Pine

Subjects: Uma and Jacob Frazier, Nicky Cantanzero, Sidney Vandam, Peggy and Fred

Background: Nicky is a classmate of Uma's from Occidental, and has just recently acquired a Ph.D. in Psychology, and after a considerable search a new position at St. Judes Hospital in Fullerton. She is temporarily living with Uma. Sidney is a younger psychologist needing only to complete his dissertation for his Ph.D. degree, and working in an alcohol research program. Both Nicky and Sidney used LSD rather extensively in their college days with mixed experiences, some frightening, none extremely profound. Nicky has not had LSD since 1972, Sidney since 1975, and both have entered the practice of meditation, Nicky quite seriously with a Zen center. Although receptive at first, Nicky began getting resistant as the time approached, being fearful of upsetting the delicate balance she has now achieved in balancing her resources optimally for approaching her new job, which begins in another week. She finally agreed and we proceeded the next morning. Nicky and Sidney has known each other some five years ago, but in more recent weeks have renewed their friendship on a more intimate basis.

Dosage: Nicky and Sidney, 100 m.g. All others, 120 m.g.

9:50 A.M. Start on empty stomach.

10:12: Peggy and I feel slightly.

10:27. Peggy, Uma and I quite intoxicated. I can tell it is going to be a very intense experience. Sidney feels warm inside, like the start of an acid trip.

10:37. Sidney feels a powerful surge and is riding the wave. He does not feel the tension he usually feels with acid. Everyone is beginning to turn on and glow, and Sidney turns on very brightly. He is a beautiful person. Nicky has not opened up yet, but is working through some resistance. Uma, Jacob, Peggy and I are glowing as usual.

11:00 A.M. Nicky has now broken through, and is all smiles. Her resistance had been to me, she verbalized, as I had come on too strong and too positive, and she was afraid I was going to try to control the experience. She was relieved that I did not, and thanked me for letting everyone have their own experience. I had been a little too strong for Sidney, too. We are all now feeling just marvelous, intoxicated, enjoying the beauty of the experience, each other, feeling the marvelous field of love, and appreciating and ease of sharing. Sidney shared some things about his wife from whom he is separated, things he has never been able to say before without anger.

11:36 A.M. We all take 40 m.g. supplement. Everyone is delighted with the experience. Nicky remarks how good it is to be in such a beautiful environment and with such nice people. We all agree, and continue to enjoy each others company. I step outside; it is overcast and a little cool, but the clouds are beautiful. I feel a strong sense of Presence and am very grateful for the experience. We continue to visit, share, listen to music, thoroughly enjoying the experience.