

REPORT OF EXPERIMENT WITH MDMA

Date: February 14, 1982

Place: Lone Pine residence

Participants: Uma, Peggy and Fred

7:35 A.M. All ingest 120 m.g.

8:05. Putting wood in stove, experienced enormously irritating effect of smoke from stove on my lungs. Put whole new perspective on problems of wood fires in the home.

8:15. We are all beginning to feel. From this point on, experience develops rapidly with usual effects of deep euphoria, intoxication, lightness of body, lighted countenances, softening of skin, deepening and melodic voices. We all enjoyed the experience immensely, all felt it was very much needed with a wonderful rejuvenating effect. We feel little need for talking, all quietly enjoying our own experience.

9:05. All take 40 m.g. supplement. Experience continues beautifully. I find it most rewarding to simply look out with my whole being focused on the beauty of the scenery and just letting happen, with no cerebration, LSD-like. This raised the experience of ecstasy and beauty, and made any internal discomfort flow away. Found that it also induced conceptual realizations almost LSD-like. We listened to music, found it most enjoyable. Outside was fresh and clear and beautiful, remarkable sky and clouds.

At noon we began to prepare for the wedding we were to be at at 2:30 p.m. I was in the wedding party. I felt quite stabilized, enjoyed getting ready, and very much enjoyed the wedding and reception that followed, as well as visiting Iren afterwards. Our neighbors drove us to the wedding in Independence. Peggy would have liked to be able to continue her experience on into the afternoon, but accommodated well to the circumstance and enjoyed the activities. Uma also adapted well to the activities. We returned home about 6:30 p.m. feeling wonderful, and retired early.

I found the urination problem less pressing this time, which was a great relief. It had been so painful after the last L.A. experience on 1/15 that I found myself wary of taking MDMA, that situation was probably exasperated by the additional dehydration of the anti-biotics I was on. I was very much relieved to find the problems lessened.

All of us found this to be a very rewarding experience, giving us much renewed energy and a new zest for life.