

st: 9:30a.m. 2CB 25mg

10:00 energy rush + low nausea

10:15 cold - freezing

10:20 body energy used eye shade

10:30 6.25mg more

10:40 body rushes - pleasant

10:47 cold again

11:45 took eye shade + phones off

12:30 cried about reports - sadness - reading

12:52 talk about how to use medicine - she has to use it.

2:00 "down" + focused

notes: could have used more  
start next time with 31mg.  
no color intensification  
did not feel stoned at any time  
during trip  
needs more of all materials

used to smoke lots of grass in the past