

I've taught him the basics I know and he beat me fair and square yesterday, which delighted us both. I've got a wonderful contact going with him and I love this family a lot. Unfortunately, however, when I came from work today I learned that the relationship between Pamela and Michael has hit a new low. I felt sad and down when Pamela and I talked about this. I want to fix it up and make it right, and I know that won't work. But I still want to anyway.

Twice today so far I've felt surges of fear about tomorrow. Strong fear that lasts 30-45 minutes. I feel good right now, typing this report out. I may do this for myself in the future. Seems to help me get set and better focused. Ward, thanks for giving me an opportunity to see what I can do with this stuff. Sure hope I can say the same tomorrow at 5 or 6.

*Gabriel*