- st. 9:17am 18.75mg 2CB (in boiled distilled ${\rm H_2O}$) made in 8-10-81
 - 9:27 some upset mild
 - 9:45 lay down fear + shivering
 - 10:10 did not want booster said it was enough put on eyeshades + head phones
 - 12:00 bathroom
 - 1:15 wanted music
 - 1:30 coming out of "space" but not totally down.
 - 2:00 took shower very much down.
 - 3:00 left house O.K. to drive

no nausea

- √ headache
- ✓ colors inside trip theme: life & death