

Transcription from January 18, 1981

Time 1:00 PM

Material: 3-TM @ 80 mg

1:30

Color enhancement- unlike MDMA, no problem writing physical words.

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No Urge to get up and move, good space to write but no new things.

2:30

Lower level (physically) than MDMA but as it progresses more complex, there are deeper moments. (there is) an interesting shielding effect, not a really good material to do work (therapy) with. Still have desire to write but as yet no new things are coming to surface. I sense many things are going on underneath, but conscious control can mitigate the complexity.

4:00

Music- would like to try this material at 100mg. Now awareness seems much more pointed, I have a need to build a writing table. This material is physically relaxing, insisting repose, but with conflicting energy. Seated in a chair, comforted, unable to find a comfortable position in order to write.

4:40

Pine trees seem a good place to start. Notwithstanding this table of pine, unfinished, unruled, the pulp upon which we reveal the unnerved thoughts.

How casual we are at discarding our feelings, a rubble we leave behind for the living.

Who among us can absorb the spiritual lead we see as what others carry. This

Material is not poetic,  
I should say, does not enhance  
poetry, prose is much more  
comfortable. I think I should  
let the experience develop further.