

REPORT OF EXPERIMENT WITH MDMA

Date: December 22, 1980

Subjects: John and Louisa Aiken, Uma and Jacob Frazier, Peggy and Fred

Place: Aikens home in Socorro, New Mexico.

Background: The Aikens, both of whom are osteopathic physicians, 78 years old, were among the pioneers of psychedelic research, having devoted a number of years attempting to establish the Church Of Enlightenment with peyote as the sacrament. In the last two years, they have been quite devoted to involvement in the Bartholomew phenomena, helping people to come in contact with Bartholomew and making available cassette recordings of meeting with Bartholomew. I suggested the experiment so that the Aikens would be knowledgeable of some of the new developments in the field, and also in hopes that John would receive some personal benefit.

9:31 A.M. Start. All take 120 m.g. of empty stomach.

9:41 I feel some exhilaration.

9:48 Peggy feels first alert, a "Neil Tusa" shudder. Several feel cold; the heat is turned up.

10:02 Louisa is just beginning to feel. Can't describe her feelings.

10:06 John feels a kind of fullness in he head. It feels like some mushrooms he tried sometime back, which was a negative experience. He feels this heart pulsating. Later we find out that both John and Louisa were having uncomfortable feelings, which they didn't mention at the time. I am feeling quite euphoric. Peggy, Uma, and Jacob all brighten up, with the usual softening of skin, dropping of the years. Louisa is very quiet, looks quite relaxed, and the wrinkles disappear from her face. John however, has the pallor of death, is quite grey, uncomfortable. Peggy is usually beautiful.

10:25 Uma has felt surprising little before now, is just starting to feel.

11:10 Supplement time, Both John and Louisa refuse, the rest of us take 40 m.g. with their approval. Louisa lies on floor, very relaxed and quiet (she says this is typical). The color begins to return to John's face. He becomes more animated. He recognizes the openness in the rest of us, also Jacob's high sense of responsibility. He has an excellent talk with Jacob warning him not to get too involved with patients and feel personally responsible for unfortunate outcomes that can't be helped. This was very difficult to him to learn as a doctor. We all have an excellent discussion, good communication, John imparts many high level principles very insightfully which are very helpful, especially to John is very fond of Uma and Jacob exhibits much affection.

1:30 p.m. Louisa has been lying on the floor, begins to share. As the effects first developed she felt prickly, nauseous, and uncomfortable. Asks herself, "Why do this?" She feels better now. She claims that despite her quiet, she was very alert and heard all the conversation. There is good rapport among all of us. Both John and Louisa look much younger, especially Louisa. After a while we listen to a Bartholomew tape, which we all find interesting.

The day continues with good rapport and good feeling. Near evening, Uma and Jacob are tired and go to the motel to rest. Peggy and I hear another tape with the Aikens. Later Uma and Jacob return and we have a very nice snack with soup, homemade bread, and other goodies. We all rest well, and I awake with a great euphoria, feeling the great essential goodness of the Aikens. They do not report any noticeable benefits, and see no use for the chemicals, being completely satisfied with their involvement with Bartholomew.