

EXPERIMENT WITH MDMA-LSD

Date: November 8, 1980

Subjects: Vanessa and Ivan Brandt, Uma Frazier, Peggy and Fred

Background: The above group has shared 3 MDMA experiences (Jacob Frazier included in the first 2), and they have progressed very well, each being better than the previous. Vanessa expressed the wish to try LSD again. Her first experience, many years ago, had been a very unpleasant one. Although Vanessa has progressed well with the new material, I had some reservations that she was running sufficiently clear to be completely free of the prospect of some unpleasantness with LSD, and therefore recommended starting with MDMA, to be followed with a moderate dose of LSD, 50 mcg. Peggy elated to stick with the MDMA.

Place: Our house in Lone Pine

9:32 A.M. Start. Vanessa takes 100 m.g. MDMA, all others 120 m.g. Peggy and Uma on empty stomach, others with light breakfast at 7:00 A.M.

10:03 Ivan and I are beginning to feel effect. though not too strongly. feels good, rapid heart beat, not intoxicated. Vanessa feels strongly, rocking as aboard ship.

10:30 Everyone is intoxicated. Everyone is animated, feeling very euphoric, looking young and soft. Have excellent, open conversation, we all feel and are grateful for a strong family bond. Aware of the energy, brightness, beauty all around.

11:00 Take supplement: Peggy 40 m.g. MDMA, all others 50 mcg. LSD. dissolved in water.

11:10 The LSD can be felt taking effect, releasing more energy (so soon?)

11:18 Everyone feels flat.

11:25 Another wave of energy comes up.

11:35 Uma reports jaw clenching, Peggy reports jaw clenching, eye darting, cotton mouth. Ivan feels great love, joy, appreciation.

11:50 Ivan finds that he can read fine print without glasses that otherwise would require glasses.

12:00 The experience develops beautifully over the next few hours. Everyone feels great love, peace, appreciation, mutual closeness. Conversation is free, very supportive. Everyone sees much beauty; Peggy looks particularly beautiful to me, in a very moving way. We take short looks outside, where everything is magnificent. The weather is perfect. We don't stay outside long, as Vanessa prefers to stay in, and we wish to maintain the closeness. Strangely enough, a coyote appears outside, which hasn't happened since the experiment on August 12.

2:00 p.m. Vanessa is sitting between Ivan and I on the couch. We close our eyes and go inside. Vanessa is astounded to see a flow of imagery. She gives us a running report, feeling she is back in time several centuries. Her imagery is clear and full of color. She seems many, many faces of all kinds. She sees young girls mature and grow old, armies lined up for battle, and many evil faces full of hate and greed, striving for self interest. This is particularly true of many figures she sees in the Catholic church. But through it all in all ages she sees great art work which is the really great work in all periods. She feels herself above it all, an observer not a participant. She feels very secure in her position, and feels