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I immediately begin to feel much better, and the experience develops gloriously. The sky is remarkably beautiful, and full of cosmic energy. I am enthralled watching it, just letting the experience develop. We move to comfortable chairs on the deck, and continue to watch the amazing sky. It cools off and we move inside. We sit on the sofa and look out the window, enthralled. For about 2 hours, I have the most intense experience I have ever had, releasing completely to the experience and letting it develop. As the experience develops, a glow develops in my inner being, and grows stronger and stronger until I am flooded with euphoria. I am left feeling practically ecstatic. Peggy enjoys the wonders of the experience also, although she does not have the imagery she usually has with LSD, Some of the highlights I experienced are as follows;

There is no substitute for the release and satisfaction that comes upon your willingness to face your own self and take full responsibility for yourself.

When the sun went behind the mountain, the light reflected on the clouds above. I watched this, and it grew in intensity and became incredibly beautiful. I realized that I was looking at the Holy City, the New Jerusalem, and that this city rested in the heart of every man.

After a wave of beauty, I would sometimes feel some tension, or anger return. I found that this was failure to appreciate, and as soon as I began to appreciate what has happened, everything lighted up and became beautiful again.

I experienced that these chemicals release a mighty power into the world, and this power is not necessarily benevolent. It is up to us to see that it is. I saw huge armies struggling, contending with force and violence; they had lost sight of the source from which the energy comes, and were therefore corrupted. I saw that this mighty force must always be tempered with the feminine principal; it is the female with her tenderness, her love, and her sustenance that softens the force and directs it fruitfully, creatively, and lovingly. I wished to see this feminine principle more clearly, and the whole sky lighted up with her beauty, so intense I had to cry.

5:00 We have some soup. Peggy and I are both shaky on our feet, but feel marvelous. We have gone for a walk, which was very satisfying. The soup tastes magnificent. I eat very slowly, savoring the substance in my mouth, aware of all my body movements, feeling the hunger and the satisfying knowledge it is being met. I take a long time to eat, enjoying every second immensely. A little bit is very filling.

We spend some more time listening to music, take another walk, and retire early, about 8:15. we feel tired, but very contented and very loving. It is marvelous to lie together and be with each other.

We both feel absolutely marvelous the next day, and very grateful for the experience.