Participants: Peggy  Fred  Neil  Clare  Ann  Sasha  Uma

Dosage (in 50+50  60+60  50+50  75+75  75+75  50+50  2 equal installments)

8:50 First half taken on empty stomach

9:30 Second half taken. I am already feeling intoxicated. It was a very smooth takeoff for all, an excellent procedure. The effects grew smoothly in intensity reaching a long, broad peak which lasted several hours. Full effect was achieved in 1 to 1-1/2 hours after start. Peggy became nauseous and gassy about 2 hours after the start, which lasted about 15 minutes. She thought it might be too much alcohol. Otherwise, things developed extremely smoothly and blissfully. It was a marvelous day, full of euphoria, beauty, and marvelous feelings for all present. The typical glow, softening of features, and ease of communication was everywhere present. The outdoors was beautiful, as was indoors, where it felt good to be in the presence of others. It was extremely relaxing, a most enjoyable and rewarding experience.

Several found the experience very rewarding inside, although I preferred to enjoy the company of those around and the beauty of outside perception, although it felt very good within, which I tried several times. I was aware of no great problems that needed answering, or any insights that were demanded, but just a beautiful flow of enjoying what was happening. It was extremely relaxing. Later in the afternoon, things to nibble on tasted wonderful, but a little went a long way. Climbing a hill late in the afternoon near sunset was very marvelous. The good feeling continued to bedtime, followed by sound sleep. During the day there was clarity of thinking and conversation that was quite enjoyable, contrasted to the blocking and immersion in feelings that I sometimes experience in these experiments. The dose level proved to be just right for me, as the effects were intense, yet I felt no physical symptoms usually associated with overdose such as jaw clenching.