

10:45 OB I WOULD TAKE A LOT LESS TO BEGIN WITH BECAUSE I
AM SENSITIVE. THE FIRST PART WAS ON THE LEVEL OF
THAT MUSHROOM TRIP. SURE HAVE TO BE CAREFUL ON THE DOSAGE ON THIS

11:00 OB FIRST TIME HAD EYES OPEN IT IS BEAUTIFUL
VISUALS.

RC I WOULD NOT WANT TO TAKE IT MORE THAN ONCE A
MONTH BECAUSE OF THE INTENSITY.

11:15 OB PEES

A FEW MINUTES LATER WE GET UP AND GO OUTSIDE.

THIS WAS TYPED FROM THE NOTES
NOT THE TAPE.

THERE IS MORE ON THE TAPES IN PLACES WHERE RC TALKED OF THE
UNIVERSE INSIDE HIMSELF.

ALSO THERE MAY BE SUBTLE WORD CHANGES ON THE TAPE
THAT I MISSED WHILE WRITING.