

REPORT OF EXPERIENCE WITH MDMA

Date: January 27, 1980

Place: Residence of Ivan Brandt, Los Angeles, CA.

Participants: Vanessa and Ivan, Uma and Jacob, Peggy & Fred

Background: This same group had an experiment with MDMA on Christmas Day, 1978. it was the first experience for Vanessa, Ivan and Jacob have had no subsequent experiences. For several weeks, Vanessa has been asking about the possibility of having another experience. This was very heartening, in view that her first experience was not the most pleasant. She experienced a lot of resistance, which manifested as dizziness, feeling of faintness, and unpleasantness. We were able to arrange a get-together on this day, the day after Uma's birthday, and were very fortunate that Jacob got a holiday from medical school and could join us.

Dosage: All started with 120 m.g. except Uma, who wished the same as before, 100 m.g.

The experiment started at 1:28 p.m. While waiting for the effects to come on, we looked at stereo slides we had taken in Mexico, Ivan and I exchanged slides. For the first 1/2 hour, there were very little effects, but just a very smooth transition. We became aware that looking at the pictures was masking any developments. I found this quite agreeable for the first 1/2 hour, as it provided a very smooth transition into the experience. However, as the euphoria began to build up, I preferred to set aside the pictures and concentrate on the effects. Uma has the living room wall covered with collections of paintings and art pieces from their travels all over the world, and these became very alive and fascinating. I was particularly struck by a picture of an artist's square in Paris in the rain, and by a picture of Venice all in red. At 1/2 hour Ivan, began to light up and began talking to Jacob in a very meaningful way. He reviewed his attitudes and perceptions, and told Jacob how much he had learned to appreciate Jacob's qualities. This caused Jacob to light up, and soon we were all glowing and thoroughly impressed with each other's attributes, which we expressed. Our week of traveling together in Mexico no doubt helped. The intensity of feeling grew, with some plateaus, in typical psychedelic fashion, until by one hour, we all felt intoxicated and blissful. It was a remarkably smooth trip for all. Most noteworthy, Uma felt no ill effects but sailed pleasantly along with the rest of us. We felt and expressed great love for one another, admired the light, the youth, and the softness we saw in each other's faces. Each couple at one time or another withdrew separately to express their individual appreciation for each other. We all commented on how great an experience we were having and how much we appreciated this opportunity to get together in this way.

At 2:58, all were eager to take the supplement, and we each had 40 m.g. I noticed a slight waning of the effects just before supplement time. However, with the supplement, we continued right on with the blissful experience. Unfortunately, it was a rainy day, so that it was cool outside and we could not enjoy the beautiful back yard. Ivan and I went out for a while, and it was delightful. The clouds were striking, the air fresh from the rain, the pool sparkling blue. We were missed and so returned.