

REPORT OF EXPERIENCE WITH MDMA

Date: December 25, 1978

Participants: Vanessa and Ivan Brandt, Uma and Jacob Frazier, Peggy and Fred

Background: Ivan had had previous experience with earlier psychedelic substances and proven an excellent subject. However, he has not had an experience for several years, since the adverse reaction of Vanessa, Vanessa tried the experience once and found it very uncomfortable, suffering rather severe stomach pains for several weeks afterwards. This was about 6-7 years ago. Uma has been a good subject with MDMA, and Jacob has been an excellent subject with other substances, and anxious to try this. All were eager to participate in the Christmas Day experiment, after having spent a very close and meaningful Christmas Eve together.

Dosage: Uma and Fred 120 m.g. All others 100 m.g.

10:45 Start.

11:15 Peggy feels tingly, Uma waking, Vanessa a little dizzy like diet control pills she has used previously, Ivan feels slightly.

11:20 Vanessa feels dizzy, Ivan somewhat. Fred feels it coming on, a light pull toward nausea.

12:10 Vanessa has to work hard to keep from fainting. Finds it hard to concentrate. Has begun to feel better. Everyone is noticing how everyone else is lighted up, looks bright, alive. The eyes particularly look liquid.

12:15 All take 40 m.g. supplement.

Experience continues with all experiencing great warmth and closeness. We stay close together. Vanessa does not feel like going outside. Others go out in the bright sunshine briefly, and enjoy the fresh air, but principally all want to stay together. It feels good to be close, and talk freely. Everyone becomes quite relaxed.

The experience tapers off very nicely to a very pleasant afternoon and evening. Vanessa is aware that she fought the experience. Jacob dropped the worries and concerns of the pressures of medical school. We all feel much closer to each other. Uma & Peggy have enjoyed the experience very much, and the softness and relaxation that comes with it. All are grateful for the opportunity to spend Christmas Day in this manner.

*[Editor's Note: Page 305 contains a series of undecipherable handwritten notes, they have not been included in this document]*