

 α, o -DMS

*8/6/78

CT,NT,ATS,AG,TG each took 3mg Alpha-O-DMS at 11:00 AM. The first alert, which was nausea, came about 1/2 hr. after ingestion. Gastro-intestinal discomfort lasted approx. 1 1/2 hrs. prior to the onset of other symptoms. Color was enhanced and there was a slight psychedelic visual component...by this I mean that there was retinal activity and stationary objects undulated, pulsed, wove about, inhaled & exhaled. For some, the G.I. discomfort lasted throughout the experience; but tended to decrease in severity with walking about or focused attention. Everyone except NT took a 1mg correction about 3-3 1/2 hrs. after initial dose. With the correction the experience changed from a 1 1/2+ to about 2 1/2+. There seemed to be a considerable internal analgesia as well as a topical analgesia (I found this to be particularly uncomfortable, especially in my hands and forearms). Even with the analgesia there was no decrement with fine motor coordination. There was a slight amnesia (I had to work at remembering my previous day's activities). The internal clock was also not operating accurately. We experienced a slight anorexia; by 9:00 we were able to eat a full, but light meal. No one experienced feelings of exaltation, elation, expanded spiritual consciousness, ect. In fact, there seemed to be a feeling of anorexia of mood also. The experience was long lasting -- we went to sleep about 5:30 or 6:00 AM. Retinal activity continued and produced some unpleasant visions. The next couple of days AG experienced exaggerated startle reactions and we both felt somewhat irritable. I had the feeling that this particular chemical was too expensive to the body without/sufficient compensatory psychological gratification.