

do with my life? and was told, Simply be yourself. It was almost 1-1/2 hours. I was feeling more discomfort than the last time, some stomach squeamishness and some tension. Christine felt full in the experience, and reported she didn't want any more. I decided to take a supplement to see how it would affect my discomfort. Peggy was feeling good, but her vision was blurry with some trouble focusing. She decided to take more also. Then Christine decided to join us, and we all took 20 mg more. Soon after, my discomfort faded away, Peggy's blurry vision disappeared, and we all went outside. Everything immediately sprang to life, and was fantastically beautiful. Christine was enjoying it immensely. We went around looking at flowers, Christine showing me things I had never seen before. I realized I had never really looked at jasmine before, as well as the incredibly beautiful orange flowers. We sat in the patio, feeling great warmth and euphoria, had marvelous communication, felt extremely close to each other, and felt quite blessed for the marvelous experience. Food again tasted wonderful, and we kept visiting pleasantly and talking very openly until 10:00 p.m, when my son and his wife arrived and some other people and another party started lasting until midnight. Christine looked beautiful, and opened up significantly. She reported the following for the record:

For some time she had been taking mega-vitamin C and ginseng tea, as well as 3-4 grains of thyroid a day for several years. She stopped taking thyroid 2 days previously so as not to interfere with the experiment. Her pulse without thyroid is usually about 50; the thyroid brings it up to 72. She noticed that this experience increased her heartbeat to 80. At the height, I noticed my heart was beating faster also. She got warm this time, but was not uncomfortable as with the hot flashes of the time before. Her skin felt moist and soft. She reported acuity of vision, hearing, smell, and taste, and no unpleasantness.