

8 Febr 77      3mg DOM (STP) effect: +++ to 3 1/2

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time-effect curve is very hard to describe, because we were involved in such a important talk; roughly: 30-40 min after uptake for first crawling, fumbling, activation, after 60-70min's the first optical, acoustical, and tactical effects. for me no specific plateau (talk!); after 10hr mainly no effect (sensations) besides sleeping difficulties: the possibility to separate different phenomenons from their their normal purpose - combination; f.ex the hooting of a police car can be separated from the car and connect with my thoughts for an other purpose. The effects: with this dosage level you are able to "observe" very sharp as with LSD, but you are not fixated on one object. you are able to change as with mescaline, but unlike mescaline you lose the possibility to focus on all different depths. The light is brilliantly clear. The movements are more busy, not so much in long waves, the colors are brighter, but not disturbing; summary: enhancement of sensations with the possibility to work with this range; the alteration is "closer" in, with you. It is not a new world, it is an expanded continuing reality. In this status you get sometimes the feeling, the certainty (?), that body, head and mind body+soul are one unit, one ball, one circle, not far away is your imagination, very close in front of you, in yourself in this main effect you lose your body weight.

In general, one of the most impressive qualities of this drug is that it has, besides sensation-power "thinking-power". It goes straight forward to yourself. You are not looking to a movie, to a picture show, you are looking to in yourself looking from an other point of view, the pattern of your own thinking is lifted. At least one sense, is that you are relatively your old positions, that you bear problems resulting from facts easier; "they got a smaller number". for the first time I felt the need to to confer my experience in our "book" The first sentence which I wrote down was: "of course I am still under the effect of this substance, but for that very reason I have the wish to write."  
- Besides all this it is an unbelievable experience to discover, to learn the power of this substance, together with the creator of this "powder".

\* still during the effects of the drug