

Qualitative Description. TMA-2

12mg+1mg = 13mg TMA-2 Sunday May 30, 1976: 11:40 = 0:00 - no EtOH for 5 months.

1:10 Onset of first threshold effects - slight nausea - probably coincidence - but numbing of 4-5th fingers of the left hand (see 1st trips!). But these fingers have been troublesome (Rt hand too) and are often asleep on awaking in mornings.

3:00 Really pleasant, with-nature euphoria. Sat behind lab on steps in the sun how often I have been apprehensive in a drug assay that some emergency or other crisis might occur requiring sane logical action, and would I be able to respond adequately - but I here realize that if a fire, strange person, insect - were to threaten - then, and only then, do I need to consider the situation -so- until then enjoy. I did.

This was in especial contrast to yesterday's study on DMT - perhaps I was so attentive to the possibility of some falling-down-stoned response, that I neglected to be receptive to a true altered state of consciousness - without perceptual change, without pretentious impact, without the LSD impact or the DMT physical aspects.

I am completely convinced I would be able to handle 16 mg by myself and this as a full dose would quite accurately be 20 M.U. (with mescaline at 300 mg base - say 320 mg = exactly 20 M.U.). However, I would not care to pretend to be responding normally to a demanding world.

5:20 Still with it. Tried to elicit visual distortion by going (1st time) into Cost Plus Imports in W. Creek. No such induction. Did a rather bad job of driving however. Had to pretend distractions. To "All the Presidents Men" - with no clear visual distortion. I MUST REMEMBER - an ASC need not have visual disruption as a symptom!.

8:00 Drove to Berkeley Farms for dinner with MW & her mother. Still odd driving which MW commented on (What is the matter with you?). I had forgotten where the place was! Clearly emerging. On into evening without further events except a light sweatyness 10:00 - 12:00. Difficult (mental disturbance) in going to sleep.

This is a clear ASC process - perhaps valuable to describe (display) to a subject what this all is - without some annoying sensory modality demanding attention by misbehaving. Interesting day!!.