



α-o Dimethyl Serotonin

- May 4 1976 10:00AM ATS 0.1 mg n.e.
- ± May 8 1976 4:25PM ATS 0.2 mg something starry - ~8PM? no. n.e
- May 9 1976 10:10AM ATS 0.4 mg n.e.
- May 19 1976 10:40AM ATS 0.7 mg n.e.
- + June 1 1976 10:15AM ATS 1.0 mg threshold!!! First apparent at 11:15-11:30 a very light unworldliness on through Noelle's seminar in the old clinic bldg (12-2) with a completely spacey afternoon. Still odd at 3:00PM [4:45] - quite bloated, little urination, In PM (10PM) clearly out but a fragile frontal headache - still little urine.
- + June 13 1976 10:40AM ATS 1.3 mg [1:00]-[1:20] (11:40) some stomach cramps, alternating [with] slight lighthead. [3:00] nicely stoned- no questions- drift on through afternoon- water grapes- no profound things- no headache- urine seemed OK. not as much effect as the 1.0 mg dose? This is quite long-lived.
- ± Aug 7 1976 11:15AM ATS 1.3 mg perhaps slightest threshold during afternoon. n.e.
- Aug 25 1976 1:00PM ATS 2.0 mg {2hrs following my 5-OCH₃ DMT study}. [2:00] ej + 2,3 after shocks-[2:30] believable something almost like residue from 5-OCH₃ DMT. [3:00 - 4:00] heavy diarrhea, slight effect in sun.
- + Sept 1 1976 11:00AM ATS 2.3 mg to verify threshold away from 5-OCH₃ DMT [0:00] [1:25] -no questions- really turning on [2:30] still no questions. but what is to be seen.
- [3:00] - thorough diarrhea - clearly (mentally) an ASC waiting for some sensory, or perceptual, or conceptual event to be seen.
- [3:30] a little of the DMT yellow. filter.
- [5:30] clearing - in retrospect, I don't know what it was all about - it was as if I was in a state of preparedness (≈ a plate of skrile again) waiting to provide habitation to whatever was to be introduced into it. But there was no inoculum. I didn't contribute my share. Is this why DMT is so many things to so many different people? A good argument for threshold being a better measure of drug potency than full dose. Had a slight fragile (hang-over-like) headache in next AM. Gone by noon.
- +++ Sept 10 1976 10:45AM 3.0 mg Full active dose. see page 196 for details.

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