Drug Status Report

**Drug:** Aralii Tincture

**Other Names:** Tinctura araliae is the common name.

**Pharmacological class / Application:** CNS stimulating substance (tonic)

**International status:**

US: The substance is not listed on the schedules to the CSA.

United Nations: The substance is not listed on the Yellow List - List of Narcotic Drugs under International Control. The drug is not listed on the Green List - List of Psychotropic Substances under International Control.

Canadian Status: Tinctura araliae is an alcoholic extract prepared from the roots of aralia Manchurica\(^1\). Tinctura araliae is considered as an adaptogen and is used as tonic for the treatment of asthenia and overfatigue. The tincture is claimed to contain traces of alkaloids, essential oils, saponins and glycosides but the exact components of the tincture are not specified. There are currently no substances listed on the CDSA that is similar to Tinctura araliae.

Recommendation: Tinctura araliae is not included in the schedules to the CDSA and is not a controlled substance.

November 16, 2009

\(^1\)[http://www.co2extracts.biz/using/alcohol/araliae.htm]